

# EuroPrevent 2010

The European Meeting Place for Science in Preventive Cardiology

2<sup>nd</sup> ANNOUNCEMENT

ADULT  
ORGANIC  
EUROPEAN  
LIFETIME  
HEART  
PREVENTION  
NO STRESS  
GLUCOSE  
HEALTHY EATING HABITS  
PROTECT  
PHYSICAL  
ACTIVITY  
NO USE OF TOBACCO  
LOW BLOOD PRESSURE  
MEETING  
SCIENCE  
ELDERLY  
METABOLISM  
NOT OVERWEIGHT  
CARDIOLOGY  
BABIES  
NORMAL  
CHOLESTEROL  
PRAGUE  
CZECH REPUBLIC

*Cardiovascular Prevention: a Lifelong Challenge*

Prague - Czech Republic - 5-7 May 2010

[www.escardio.org/EuroPrevent](http://www.escardio.org/EuroPrevent)

▪ No use of tobacco ▪ Adequate physical activity ▪ Healthy eating habits ▪ Not overweight ▪ Low Blood pressure ▪ Low Blood cholesterol ▪ Normal glucose metabolism ▪ Avoidance of excessive stress



# Invitation to Attend

Dear Friends and Colleagues,

The European Association for Cardiovascular Prevention and Rehabilitation (EACPR) is a Registered Branch of the European Society of Cardiology (ESC). Its mission is to promote excellence in research, practice, education and policy in cardiovascular prevention and rehabilitation.

The EACPR leads the prevention implementation agenda for the ESC and as such, strives to close the gap between science and practice for prevention in hospital and general practice, but also to influence national policies on CVD prevention. The fifth EACPR EuroPrevent congress is the European meeting place for science in preventive cardiology, an inspiring meeting for all who are engaged in prevention: from basic scientists to clinical cardiologists, general practitioners, nurses and other health professionals.

We warmly invite you to attend EuroPrevent 2010 to present your research and to share latest knowledge on:

- Risk factors management with joint sessions involving other professional European societies
- Prevention and sports cardiology
- Basic tools of preventive cardiology
- New science in the field of epidemiology and health policy
- Barriers to implementing prevention and rehabilitation programmes
- Patients' perception of heart diseases and rehabilitation
- Developments in physical activity assessment

The congress will be held in Prague starting on Wednesday afternoon with a regional meeting addressing CVD in Central/Eastern Europe to strengthen the national alliance for prevention. Thursday and Friday will be dedicated to the main theme of the congress with symposia around the lifelong challenge of prevention: in children and adolescents, in adults and in the elderly.

In-depth scientific sessions organised in four tracks (basic science, clinical I, II and population) in various formats will be organised: clinical seminars, symposia, methodology workshops, debates and how-to sessions.

High priority and visibility will be given to new research in the abstract-based part of the programme. The congress includes a Young Investigator Award Session, an attractive abstract based programme, and the highly appreciated "Meet the Expert" discussions. If you have original scientific contributions to make in the field of preventive cardiology, EuroPrevent offers a unique forum to present your research. The abstract submission deadline is 19 November.

Mini-Satellite Symposia and a commercial Exhibition will be organised by our Industry Partners and an attractive social programme will await all participants. Prague has been carefully chosen as the host city of the congress: not only because the prevalence of cardiovascular disease remains high in this part of Europe, but also because this great historic city has so much beauty and hospitality to offer the visitor.

We look forward to welcoming you to EuroPrevent in Prague in the spring of 2010!

**David Wood**, President of the European Association for Cardiovascular Prevention and Rehabilitation

**Joep Perk**, Chairperson, EuroPrevent Congress Programme Committee

**Renata Cifkova**, Chairperson, Local Organising Committee

## Committees Members

### Congress Programme Committee

Joep Perk, Chairperson

Renata Cifkova, Chairperson

### EACPR Scientific Committee

Andrzej Rynkiewicz, Co-Chair

Nikos Geladas, Exercise Physiology

Sanjay Sharma, Sports Cardiology

Eva Prescott, Epidemiology & Public Health

Torben Jorgensen, Prevention & Health Policy

Julian Halcox, Basic Science

Josef Niebauer, Cardiac Rehabilitation

### EACPR Board

David Wood, President

Stephan Gielen, Treasurer

[www.escardio.org/EACPR](http://www.escardio.org/EACPR)

# Scientific Programme

The Programme Committee is creating a dynamic programme with the following new 'four track' design:

1. **Science Track** includes basic and translational science, exercise physiology and the basic science elements of prevention.
2. **Population Track** concentrates on new epidemiological findings
3. **Clinical Track I** has been designed for the clinical cardiologist who is engaged in the management of prevention and rehabilitation.
4. **Clinical Track II** has been especially designed for allied health personnel such as nurses, physiotherapists, dietician, psychologists and other members of multidisciplinary prevention and rehabilitation teams.

The Programme will be designed to allow maximum interaction between participants and faculty. The following formats should stimulate discussion with the audience and further improve the communication between scientists and clinicians.

## The programme includes:

- State of the art reviews by the world's leading experts
- Discussion of recent developments in the various fields of basic science, epidemiology and prevention cardiology
- Meet the Experts: sessions geared towards practical management of cardiovascular diseases in daily situations by experts in their field
- Young Investigators' Session
- Abstracts of Original Scientific Contribution
- Workshop Sessions by our Industry Partners

## Abstract Submission

The Online Services for abstract submission will be open from July 2009. In order to maintain the high standards and to reinforce the message that EuroPREvent is *the* international scientific event in prevention, we ask that you consider submitting an abstract for the congress. The deadline is 19 November 2009, avoid the rush and submit now: [www.escardio.org/EuroPREvent](http://www.escardio.org/EuroPREvent)

## Young Investigators' Award session

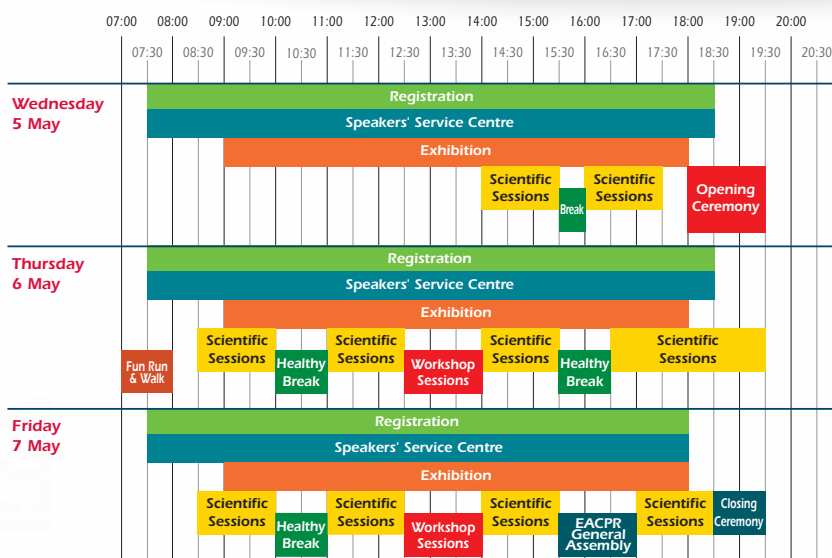
This session will feature the best abstracts from junior investigators. All candidates must be less than 35 years of age at the time of the congress and must be willing to present their original work at EuroPREvent 2010. The selected presenters will receive a certificate and complimentary registration. A panel of experts will judge the competition and select the YIA winner onsite. The winner will receive a €500 prize and the option to publish in the Association's journal: the European Journal of Cardiovascular Prevention and Rehabilitation.

## EuroPREvent Moderated Poster Sessions

The best moderated posters per EACPR section - Prevention & Health Policy, Epidemiology & Public Health, Cardiac Rehabilitation, Sports Cardiology, Exercise Physiology and Basic Science - selected onsite during the Moderated poster sessions will be displayed on Friday 7 May in the exhibition area.

## CME Accreditation

EuroPREvent 2010 will be reviewed for accreditation by the European Board for Accreditation in Cardiology (EBAC) for external credits. The accreditation results will be announced via the EuroPREvent website and also in the final programme.



## EuroPREvent Highlights

Moderated Posters and Poster Sessions held during the Healthy Breaks

**Wednesday, 5 May:**

Regional Sessions - 14:00-17:30

Opening Ceremony

**Thursday, 6 May:**

Fun Run and Walk - 07:00-08:00

Opening Scientific Session - 08:30-10:00

Meet the Expert Sessions - 18:15-19:45

**Friday, 7 May:**

Fred Epstein Lecture - 08:30-10:00

EACPR General Assembly - 15:30-16:30

Closing Ceremony and Cocktail - 18:00-19:00



# Scientific Programme

## Wednesday 5 May 2010

- 14.00-15.30 **Opening Address, Regional Sessions**  
16.00-17.30 **Regional Sessions**  
18.00-19.00 **Opening Ceremony**

## Thursday 6 May 2010

08.30-10.00 **Main session** - Cardiovascular prevention, a lifelong challenge

- 11.00-12.30
- **Science** Distinctive perspectives on cardiovascular disease in later life
  - **Clinical I** Prevention in adults: is it good to know?
  - **Clinical II** Prevention of early onset atherosclerosis - Joint session EACPR and EAS
  - **Population** Cardiovascular adaptation to exercise in children

12.45-13:45 **Industry Sponsored Sessions**

- 14.00-15.30
- **Science** Translational epidemiology of CVD risk in early life
  - **Clinical I** Exercise testing and training in the elderly – A new challenge in cardiac rehabilitation
  - **Clinical II** Hypertension prevention: a lifelong challenge - Joint session EACPR and ESH
  - **Population** Survival of the fittest, still valid?

- 16.30-18.00
- **Science** Insights into cardiovascular ageing
  - **Clinical I** Couch kids: what can be done to counter the epidemic?
  - **Clinical II** Prevention of type II diabetes - Joint session EACPR and EASD
  - **Population** Secondary prevention in the elderly. Evidence on implementation.

18.15-19:45 **Meet the Expert Sessions**

## Friday 7 May 2010

- 08.30-10.00
- **Science** Oral Abstract session
  - **Clinical I** Abstract session
  - **Clinical II** Abstract session
  - **Population** Fred Epstein lecture
  - Young investigator Award Session

- 11.00-12.30
- **Science** Too old to play?
  - **Clinical I** Found in translation: basic science applied for improved management of atherosclerotic disease
  - **Clinical II** Health related quality of life or mortality: which is clinically more useful as an outcome measure?
  - **Population** Risk assessment models: What is to come?

12.45-13.45 **Industry Sponsored Sessions**

- 14.00-15.30
- **Science** Effects of exercise on ischaemic preconditioning: from bench to bedside
  - **Clinical I** Barriers to implementing rehabilitation and prevention programmes in the real world
  - **Clinical II** Developments in physical activity assessment
  - **Population** (Session to be announced)

15.30-16.30 **EACPR General Assembly**

- 16.30-18.00
- **Science** Exercise recommendations in athletes
  - **Clinical I** Periodic breathing at rest and during exercise in chronic heart failure: clinical and prognostic importance
  - **Clinical II** Does it matter what patients think? Patients' beliefs about heart disease and rehabilitation - Joint Session with the ESC Council on Cardiovascular Nursing and Allied Professions
  - **Population** When results of cohort studies and trials differ: what is wrong with the trials?

18.00-18.30 **Closing Ceremony**

# Registration

The standard registration fee entitles you to:

- Entry to all scientific sessions and exhibition
- Free healthy breaks in the Poster Area
- The Abstract CD-Rom and the Final Programme
- A one year subscription to the European Journal of Cardiovascular Prevention & Rehabilitation

Early Fee  
Registration Deadline:  
**11 February 2010**  
Pre-Registration Deadline:  
**8 April 2010**

Delegate Fee	Until 11 February 2010	From 12 February 2010	Onsite
Standard	€ 520	€ 595	€ 695
EACPR Member	€ 420	€ 495	€ 595
Allied Health Professional*	€ 275	€ 275	€ 275
Local Resident ** Wednesday only	€ 100	€ 100	€ 100
Local Resident ** Wednesday/Friday	€ 420	€ 420	€ 420
Accompanying Person***	€ 90	€ 90	€ 90
<b>Day Tickets</b>			
Wednesday, 5 May	N/A	N/A	€ 250
Thursday, 6 May	N/A	N/A	€ 250
Friday, 7 May	N/A	N/A	€ 250

\* Nurse, technician: Please enclose a letter from your director verifying your status.

\* Student: Please provide a copy of your student card.

\*\* Local Resident: Please provide a copy of your passport or I.D. for proof of Eastern European residency. For a full list of countries that qualify, please visit [www.escardio.org/EuroPrevent](http://www.escardio.org/EuroPrevent)

\*\*\* Registration fee includes 1 excursion.

Online registration via "My ESC" is available on our website: [www.escardio.org/EuroPrevent](http://www.escardio.org/EuroPrevent)

The registration fees include Czech Republic 19% VAT.

For further information, please contact the ESC Registration Department: [europreventregistration@escardio.org](mailto:europreventregistration@escardio.org)

## Payment of fees

Payment can be made in Euro by credit card, bank transfer or cheque. Czech crowns (CZK) will be accepted on site.

## Journal

Subscription to the European Journal of Cardiovascular Prevention & Rehabilitation is included in standard and EACPR Member registration fees. [www.escardio.org/journals](http://www.escardio.org/journals)

# EACPR Member Activities

## Members Lounge

The EACPR Members' Lounge is an exclusive area that allows members to take a break, meet with colleagues, check mails or simply have a cup of coffee.

## General Assembly

The General Assembly is the biannual interactive gathering of current Board and EACPR Members. Results of the elections of the new EACPR Executive Committee for 2010-2012 will be announced on Friday 7 May from 15:30-16:30.

# Hotel Accommodation

The ESC has reserved rooms in various price category hotels in Prague from 5 – 7 May 2010. All other dates are upon request and subject to hotels' room availability. Bookings are handled on a 'first come first-served basis'.

### Individual Bookings:

Detailed information concerning the available hotels will be listed on the Official EuroPrevent website as from August 2009: [www.escardio.org/EuroPrevent](http://www.escardio.org/EuroPrevent)

### Group Bookings:

For group bookings, please send your request by email as soon as possible to [europreventhoteles@escardio.org](mailto:europreventhoteles@escardio.org)

## Opening Hours

	Wednesday 5 May	Thursday 6 May	Friday 7 May
Registration	08:00 - 18:30	07:30 - 18:30	07:30 - 18:30
Speakers' Service Centre	08:00 - 18:30	07:30 - 18:30	07:30 - 18:30
Exhibition	13:00 - 20:00	09:00 - 18:00	09:00 - 18:30
Scientific Programme	14:00 - 19:00	08:30 - 19:45	08:30 - 18:30

## General Information

### Venue

Hilton Prague  
Pobrezni 1  
18600 Prague 8  
Czech Republic



The building is fully accessible to disabled people.

### Organiser

ESC – EuroPrevent 2010  
2035 Route des Colles – BP 179 – Les Templiers  
06903 Sophia Antipolis Cedex, France

For **General Information**, please contact:

Tel.: +33 (0) 4 92 94 76 00

Fax: +33 (0) 4 92 94 76 01

Email: [europrevent@escardio.org](mailto:europrevent@escardio.org)

### Language

The official language is English. All lectures and presentations will be held in English. No translation is available.

### Transport



Lufthansa and Star Alliance™ are pleased to be appointed as the Official Airline Network for EuroPrevent 2010.

To obtain the Star Alliance™ Conventions Plus discount, please contact your local Star Alliance Member quote the following Event Code OS08A07 and submit proof of attending the Event.

When making your travel plans please ensure that the Event Code is listed on your ticket.

For further information about Star Alliance Members please visit: [www.staralliance.com/conventionsplus](http://www.staralliance.com/conventionsplus)

\*Participating airlines for this event: Air Canada, Air China, Air New Zealand, ANA, Asiana Airlines, Austrian Airlines, BMI, LOT Polish Airlines, Lufthansa, Scandinavian Airlines, Shanghai Airlines, Singapore Airlines, South African Airways, Spanair, Swiss, TAP AIR Portugal, Thai Airways International, Turkish Airlines, United and US Airways.

## fun run & Walk in Prague

**Join us**  
**on Thursday 6 May at 07:00!**

To pre-register contact [europrevent@escardio.org](mailto:europrevent@escardio.org),  
if not register onsite from Wednesday, 5 May.



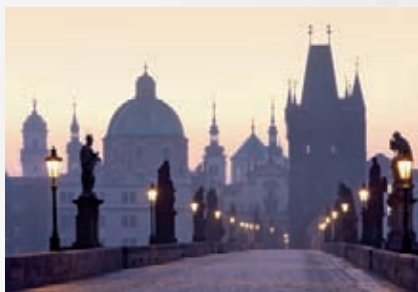


# City Information

Prague, your host city, is both a vibrant modern metropolis and a city whose historical past is reflected in the graceful architecture of the many museums and monuments it has to offer.

## History

The capital city of the Czech Republic, Prague is situated in the very heart of Europe, on a place that has been an intersection of continental merchant routes since time immemorial. It was the seat of Czech princes and kings from the tenth century A.D. In the mid-14th century, Prague was the centre of the Holy Roman Empire and Europe's third largest city in terms of population. As part of the Habsburg monarchy, Prague remained the capital of Czech lands, which became the strongest part of the Austro-Hungarian Empire in terms of economy during the 19th century. Prague was developing as an important centre where Czech, German and Jewish cultures met and mingled. Following the establishment of the Czechoslovak Republic in 1918, Prague became the metropolis of the new country. It experienced a growth of its territory and a great building boom. Currently, Prague is a large city of more than one million people, spreading over almost 500 square kilometers. Following the social and economic changes in 1989, Prague enhanced its historically strong ties with other cities in Central Europe, and has gradually been gaining a continuously improving position within the continental structure of big cities. Prague therefore deserves its recognition as being a high quality city.



Centuries of construction have given rise to an exceptional integrated architectural complex, unique in the world as regards its size and concentration of cultural heritage.

## Culture

The cultural and social offerings are so wide-ranging that Prague was selected as one of the European Cities of Culture for the year 2000. Among other features, the city's territory is home to 81 museums, 108 art galleries, and 71 resident theatres and concert halls. Prague annually hosts major cultural events such as the Prague Spring music festival. The preserved complex of Jewish monuments of the former ghetto is the world's unique heritage. The believers of most confessions will find their sanctuaries in Prague.

## A City Divided by a River

The River Vltava divides the capital into two unequal halves: the steeply inclined left bank, which accommodates the quarters of Hradcany and Malá Strana, and the more gentle, sprawling right bank, which includes Staré Mesto, Josefov and Nové Mesto. Hradcany, on the hill, contains the most obvious sights - the castle itself, the cathedral and the former palaces of the aristocracy. Below Hradcany, Malá Strana (Lesser Town), with its narrow eighteenth-century streets, is the city's ministerial and diplomatic quarter, though its Baroque gardens are there for all to enjoy.

Over the river, on the right bank, Staré Mesto (Old Town) is a web of alleys and passageways centred on the city's most beautiful square, Staroměstské náměstí. Nové Mesto (New Town), the focus of the modern city, covers the largest area, laid out in long wide boulevards - most famously Wenceslas Square - stretching south and east of the old town.





## EUROPEAN ASSOCIATION FOR CARDIOVASCULAR PREVENTION & REHABILITATION



European Association for Cardiovascular  
Prevention and Rehabilitation

A Registered Branch of the ESC

**Join our platform of more than 1600 scientific experts in various subspecialties:**

Basic & Translational Research, Cardiac Rehabilitation, Epidemiology & Public Health, Exercise Physiology, Prevention & Health Policy, Sports Cardiology

**JOIN US NOW!**

### **Membership benefits include:**

- Special fees for EuroPrevent congress registration and journal subscription (EJCPR)
- Lifestyle & CVD Literature and quarterly E-Newsletters
- Access to all ESC membership benefits

[www.escardio.org/EACPR](http://www.escardio.org/EACPR)

