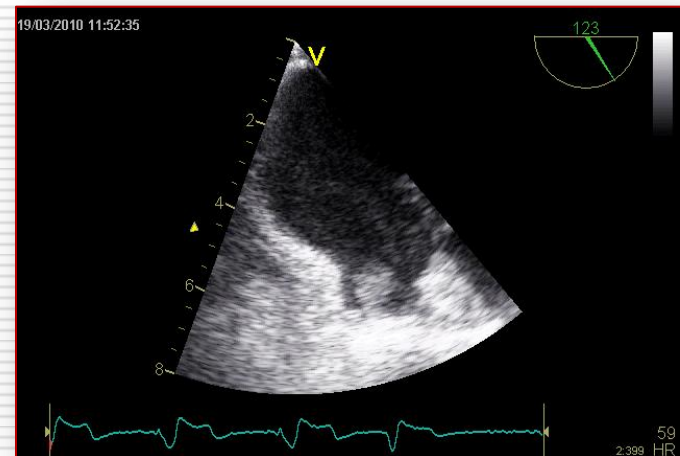


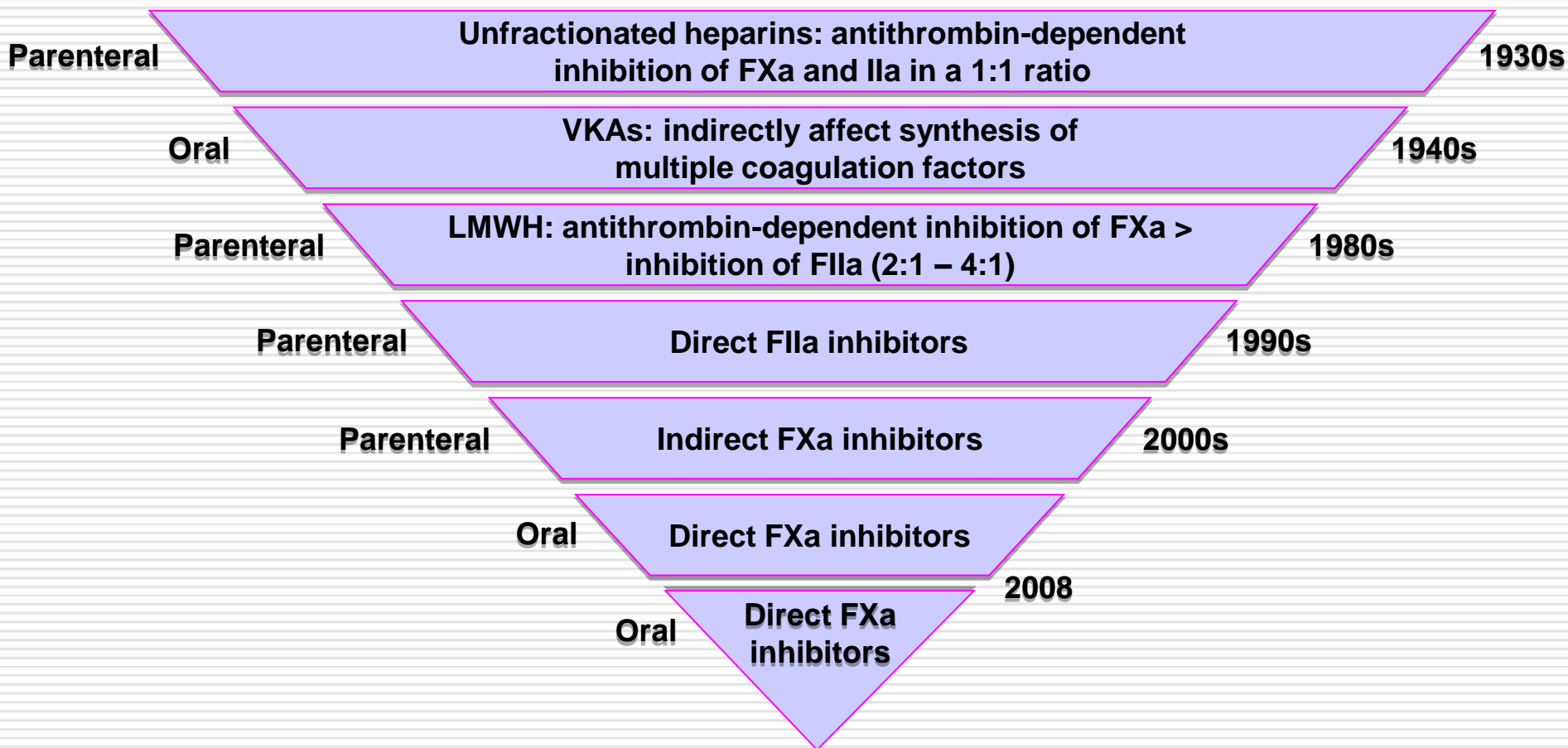
Antikoagulační terapie u FS: Novinky 2012

České kardiologické dny 2012

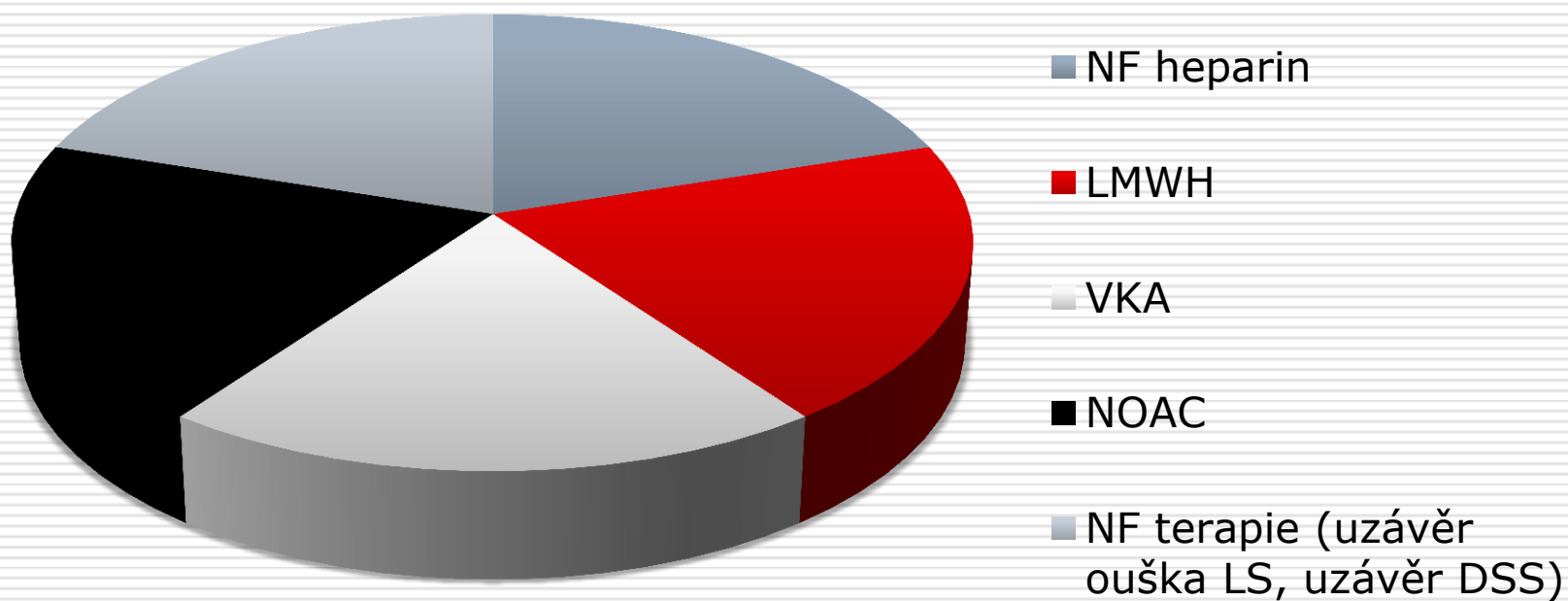
Miloš Táborský
Praha
29. listopadu 2012



Historický vývoj antikoagulační léčby



Spektrum AK terapie



I. Standardy léčby FS 2012



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ESC Update 2012



European Heart Journal
doi:10.1093/eurheartj/ehs253

ESC GUIDELINES



2012 focused update of the ESC Guidelines for the management of atrial fibrillation

An update of the 2010 ESC Guidelines for the management of atrial fibrillation

Developed with the special contribution of the European Heart Rhythm Association

Authors/Task Force Members: A. John Camm (Chairperson) (UK)*, Gregory Y.H. Lip (UK), Raffaele De Caterina (Italy), Irene Savelieva (UK), Dan Atar (Norway), Stefan H. Hohnloser (Germany), Gerhard Hindricks (Germany), Paulus Kirchhof (UK)

ESC Committee for Practice Guidelines (CPG): Jeroen J. Bax (CPG Chairperson) (The Netherlands), Helmut Baumgartner (Germany), Claudio Ceconi (Italy), Veronica Dean (France), Christi Deaton (UK), Robert Fagard (Belgium), Christian Funck-Brentano (France), David Hasdai (Israel), Arno Hoes (The Netherlands), Paulus Kirchhof (Germany/UK), Juhani Knuuti (Finland), Philippe Kolh (Belgium), Theresa McDonagh (UK), Cyril Moulin (France), Bogdan A. Popescu (Romania), Željko Reiner (Croatia), Udo Sechtem (Germany), Per Anton Sirnes (Norway), Michal Tendera (Poland), Adam Torbicki (Poland), Alec Vahanian (France), Stephan Windecker (Switzerland)

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Expert Consensus Statement on Catheter and Surgical AF ablation



Europace (2012) 14, 528–606
doi:10.1093/europace/eus027

HRS/EHRA/ECAS EXPERT
CONSENSUS STATEMENT

2012 HRS/EHRA/ECAS Expert Consensus Statement on Catheter and Surgical Ablation of Atrial Fibrillation: Recommendations for Patient Selection, Procedural Techniques, Patient Management and Follow-up, Definitions, Endpoints, and Research Trial Design

A report of the Heart Rhythm Society (HRS) Task Force on Catheter and Surgical Ablation of Atrial Fibrillation. Developed in partnership with the European Heart Rhythm Association (EHRA), a registered branch of the European Society of Cardiology (ESC) and the European Cardiac Arrhythmia Society (ECAS); and in collaboration with the American College of Cardiology (ACC), American Heart Association (AHA), the Asia Pacific Heart Rhythm Society (APHRS), and the Society of Thoracic Surgeons (STS). Endorsed by the governing bodies of the American College of Cardiology Foundation, the American Heart Association, the European Cardiac Arrhythmia Society, the European Heart Rhythm Association, the Society of Thoracic Surgeons, the Asia Pacific Heart Rhythm Society, and the Heart Rhythm Society

Hugh Calkins, MD, FACC, FHRS, FAHA, Karl Heinz Kuck, MD, FESC, Riccardo Cappato, MD, FESC, Josep Brugada, MD, FESC, A. John Camm, MD, PhD, Shih-Ann Chen[§], MD, FHRS, Harry J.G. Crijns, MD, PhD, FESC, Ralph J. Damiano[^] Jr., MD, D. Wyn Davies, MD, FHRS, John DiMarco, MD, PhD, FACC, FHRS, James Edgerton[^], MD, FACC, FACS, FACCP, Kenneth Ellenbogen, MD, FHRS, Michael D. Ezekowitz, MD, David E. Haines, MD, FHRS, Michel Haissaguerre, MD, Gerhard Hindricks, MD, Yoshito Iesaka[§], MD, Warren Jackman, MD, FHRS, José Jalife, MD, FHRS, Pierre Jais, MD, Jonathan Kalman[§], MD, David Keane, MD, Young-Hoon Kim[§], MD, PhD, Paulus Kirchhof, MD, George Klein, MD, Hans Kottkamp, MD, Koichiro Kumagai[§], MD, PhD, Bruce D. Lindsay[∞], MD, FHRS, Moussa Mansour, MD, Francis E. Marchlinski, MD, Patrick M. McCarthy[^], MD,

European Heart Journal (2012) 14,
528-606.



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AF Monitoring Standards



Europace (2012) **14**, 591–592
doi:10.1093/europace/eus073

EP WIRE

Monitoring in the management of atrial fibrillation

Thorsten Lewalter^{1*}, John Morgan², Franck Halimi³, Gregory Lip⁴, Nikolaos Dargès⁵, and Carina Blomström-Lundqvist⁶, conducted by the Scientific Initiative Committee, European Heart Rhythm Association

¹Department of Cardiology and Intensive Care, University of Bonn, Isar Heart Center Munich, Sonnenstr. 24-26, 80331 Munich, Germany; ²BUPA Southampton, England, UK; ³Centre Médico-Chirurgical Parly 2, 21 rue Moxouris, 78150 Le Chesnay, France; ⁴University of Birmingham, Centre for Cardiovascular Sciences, City Hospital Birmingham, England, UK; ⁵Second Cardiology Department, Attikon University Hospital, University of Athens, Athens, Greece; and ⁶Department of Cardiology, Institution of Medical Science, Uppsala University, Uppsala, Sweden

We performed a survey on current practice of atrial fibrillation (AF) detection and monitoring and its relevance in patient management among the European Heart Rhythm Association Research Network. The focus of this questionnaire is on the use and relevance of remote AF detection in device patients and its clinical consequences like starting oral anticoagulation or improving device programming to avoid inappropriate shock therapy. Remote device data are already used by 76.8% of the centres in their implantable cardioverter defibrillator/cardiac resynchronization therapy device patients to detect AF and trigger relevant clinical decision making! The majority of these centres are also asking for the option of remote device programming.

Keywords

Atrial fibrillation • Rhythm monitoring • Implantable cardioverter defibrillator • Remote monitoring

European Heart Journal (2012) 14, 591-592.



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Antithrombotic Therapy for Atrial Fibrillation: Antithrombotic Therapy and Prevention of Thrombosis, 9th ed: American College of Chest Physicians (ACCP) Evidence-Based Clinical Practice Guidelines 2012



CHEST

Supplement

ANTITHROMBOTIC THERAPY AND PREVENTION OF THROMBOSIS, 9TH ED: ACCP GUIDELINES

Antithrombotic Therapy for Atrial Fibrillation

Antithrombotic Therapy and Prevention of Thrombosis, 9th ed: American College of Chest Physicians Evidence-Based Clinical Practice Guidelines

*John J. You, MD; Daniel E. Singer, MD; Patricia A. Howard, PharmD;
Deirdre A. Lane, PhD; Mark H. Eckman, MD; Margaret C. Fang, MD, MPH;
Elaine M. Hylek, MD, MPH; Sam Schulman, MD, PhD; Alan S. Go, MD;
Michael Hughes, PhD; Frederick A. Spencer, MD; Warren J. Manning, MD;
Jonathan L. Halperin, MD; and Gregory Y. H. Lip, MD*



II: Fibrilace síní a CMP



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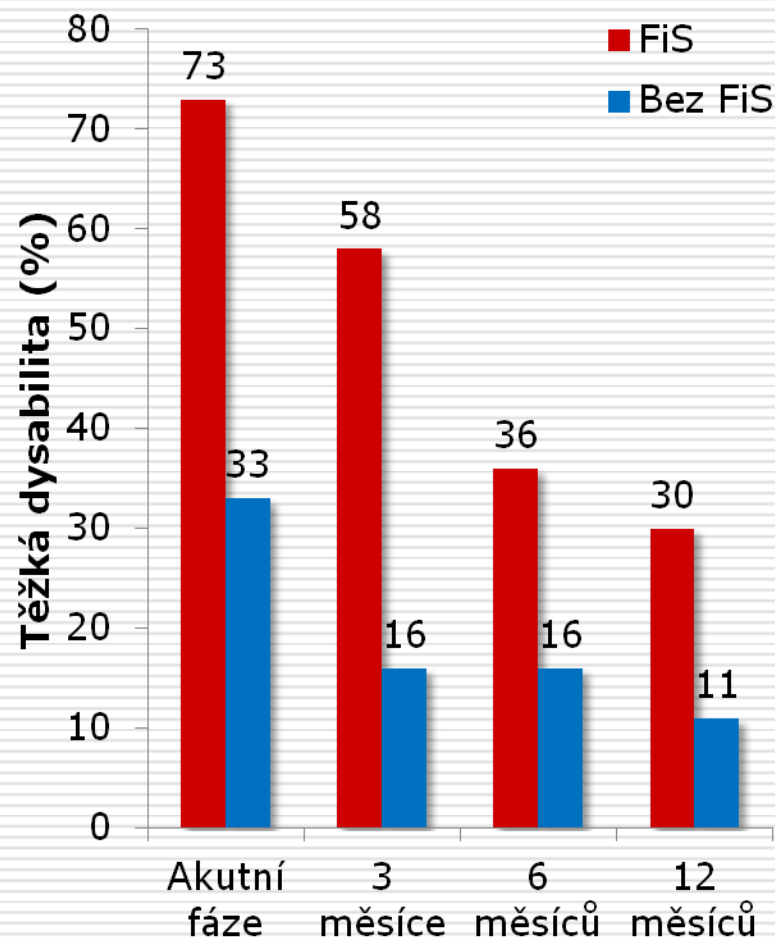
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CMP při fibrilaci síní má horší průběh

- Fibrilace síní způsobuje min. 15% iktů¹⁻³

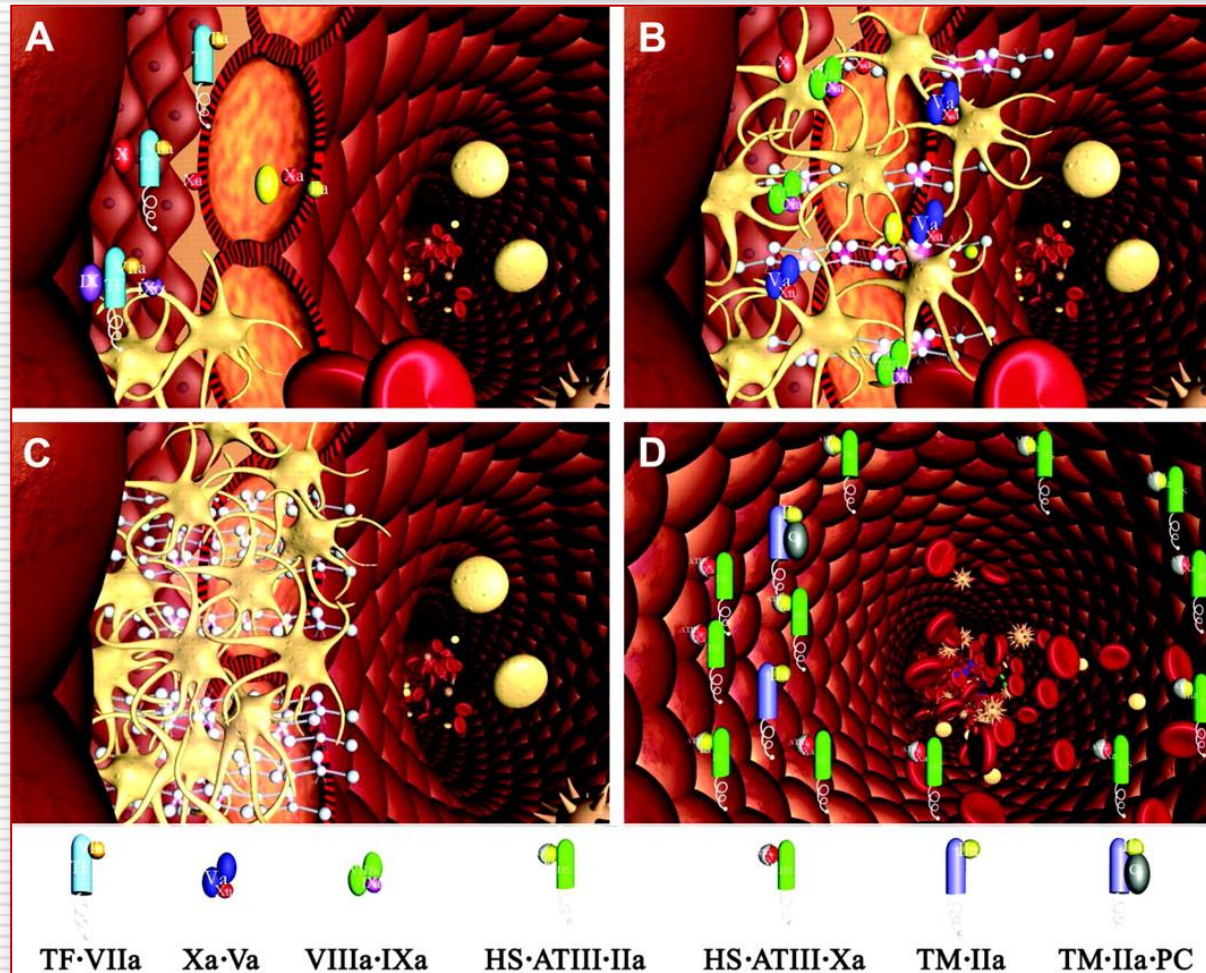
CMP při fibrilaci síní je spojená s...

- Vysokým rizikem rekurence
 - 12% na rok⁴
- Větší dysabilitou⁵
- Vyšší mortalitou⁵



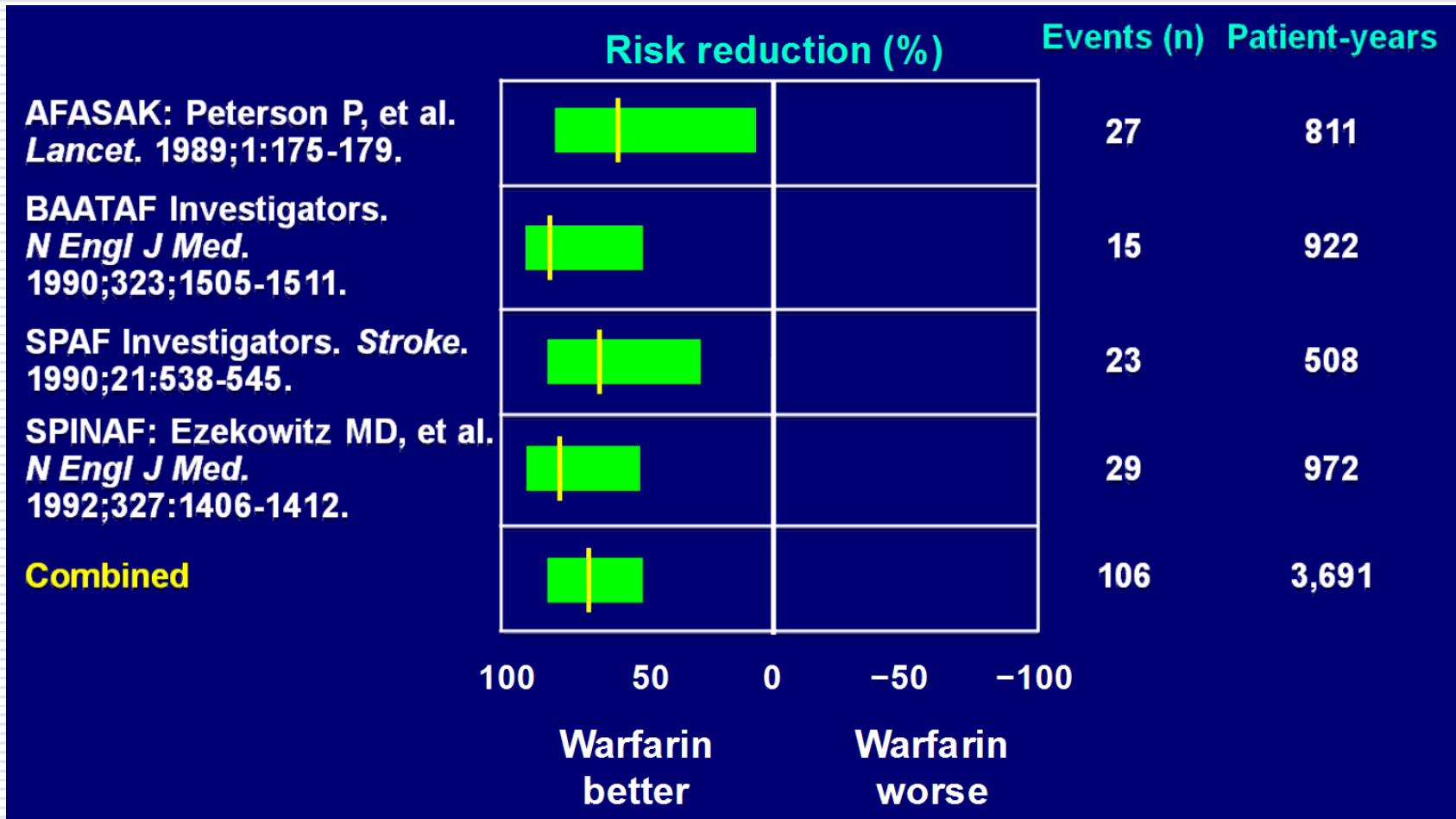
1. Go et al, 2001; 2. Wolf et al, 1991; 3. Singer et al, 2008; 4. Hart et al, 1998; 5. Lin et al, 1996

Antikoagulancia: Redukce prokoagulačních substrátů – prevence vzniku trombu



Mann KG. *Circulation*.
2011;124:225-235.

Redukce vzniku CMP: Srovnání warfarinu a placebo



Warfarin: Major bleeding rate

125 195 pacientů s AK terapií warfarinem

věk: > 65 let

FU: 13 let

průměrný výskyt velkého krvácení: 3,8 % /pacientorok

CHADS2 score	Major bleeding rate (%per person-year)
0	1.8
1	2.5
2-3	4.3
4-6	6.7



Warfarin: Vliv věku na krvácivé komplikace

Age (y)	Major bleeding rate (% per person-year)
≤75 or under	2.9
> 75	4.6



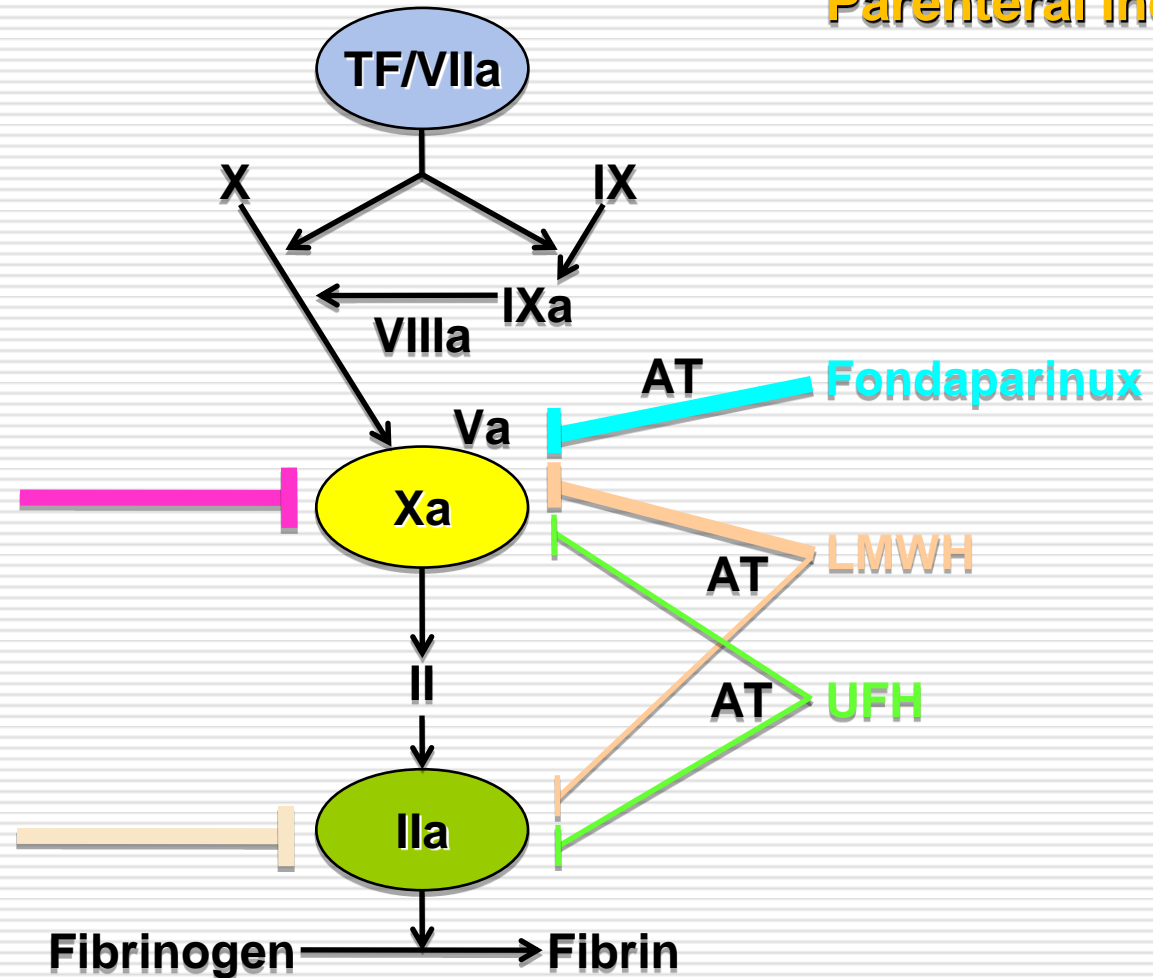
NOAC: Postavení v antikoagulační kaskádě

Oral direct

Parenteral indirect

Apixaban
Rivaroxaban
Edoxaban

Dabigatran



Weitz JI, Bates SM. *J Thromb Haemost.* 2005;3:1843-1853.



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III: Současný pohled ESC na postavení nových antikoagulancií v prevenci TE komplikací FS

Characteristics of New Oral Anticoagulants

Drug	Dabigatran	Rivaroxaban	Apixaban	Betrixaban	Edoxaban
Inhibits	Thrombin	Factor Xa	Factor Xa	Factor Xa	Factor Xa
T _{1/2} (h)	14 – 17	5 – 9	12	19 – 24	6 – 12
Regimen	Twice daily	Once or twice daily	Twice daily	Once daily	Once daily
Peak:trough	2:1	12:1 (once daily)	3 – 5:1	≈ 3:1	≈ 3:1
Renal excretion of absorbed drug (%)	≈ 80	35 – 45	25 – 30	≈ 15	35
Potential for drug–drug interactions	P-gp inhibitor	CYP3A4 substrate and P-gp inhibitor	CYP3A4 substrate and P-gp inhibitor	Not substrate for major CYPs	CYP3A4 substrate and P-gp inhibitor

Usman MH, Ezekowitz MD. *Curr Treat Cardiovasc Med.* 2008;10:388-397.

Piccini JP, et al. *Curr Opin Cardiol.* 2010;25:312-320.



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The Big Three: Comparing Study Design

Trial	Inclusion	Design	Duration (median)	Enrollment (N)	No. sites	TTR (mean)
RE-LY	CHADS ₂ ≥ 1 (50% VKA naïve)	Open-label	2 y (≈ 730 d)	18,113	951	64% 67% warfarin-experienced 61% warfarin-naïve
ROCKET AF	CHADS ₂ ≥ 2 (87% CHADS ₂ ≥ 3)	Sham INR	589 d exposure, 707 d including period off drug during follow-up	14,264	1,178	55%
ARISTOTLE	CHADS ₂ ≥ 1 (30% VKA naïve)	Sham INR	1.8 y	18,201	1,034	62%

Connolly SJ, Ezekowitz MD, et al. *N Engl J Med.* 2009;361:1139-1151; Patel MR, et al. *N Engl J Med.* 2011;365:883-891; Granger CB, et al. *N Engl J Med.* 2011;365:981-992.



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The Big Three: Comparing Patient Risk

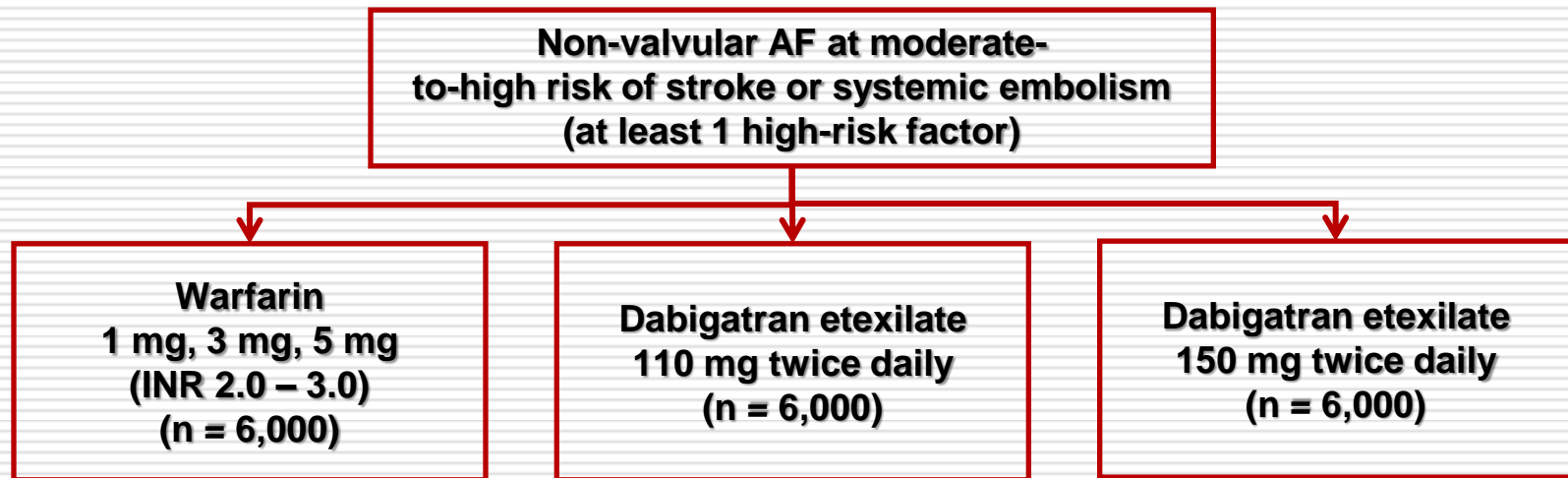
Trial	Mean or Median (IQR) patient age (y)	Mean CHADS ₂ score	CHADS ₂ ≤ 1*	CHADS ₂ = 2	CHADS ₂ ≥ 3	Prior stroke / TIA (%)	Warfarin naïve (%)
RE-LY	71.5	2.1	≈ 32	≈ 35	≈ 33	≈ 20	≈ 50
ROCKET AF	73 (65 – 78)	3.5	0	13	87	≈ 55	≈ 38
ARISTOTLE	70 (63 – 76)	2.1	34	36	30	≈ 20†	≈ 33

*RE-LY included patients with CHAD₂ = 0 while ARISTOTLE did not

†Includes systemic embolism

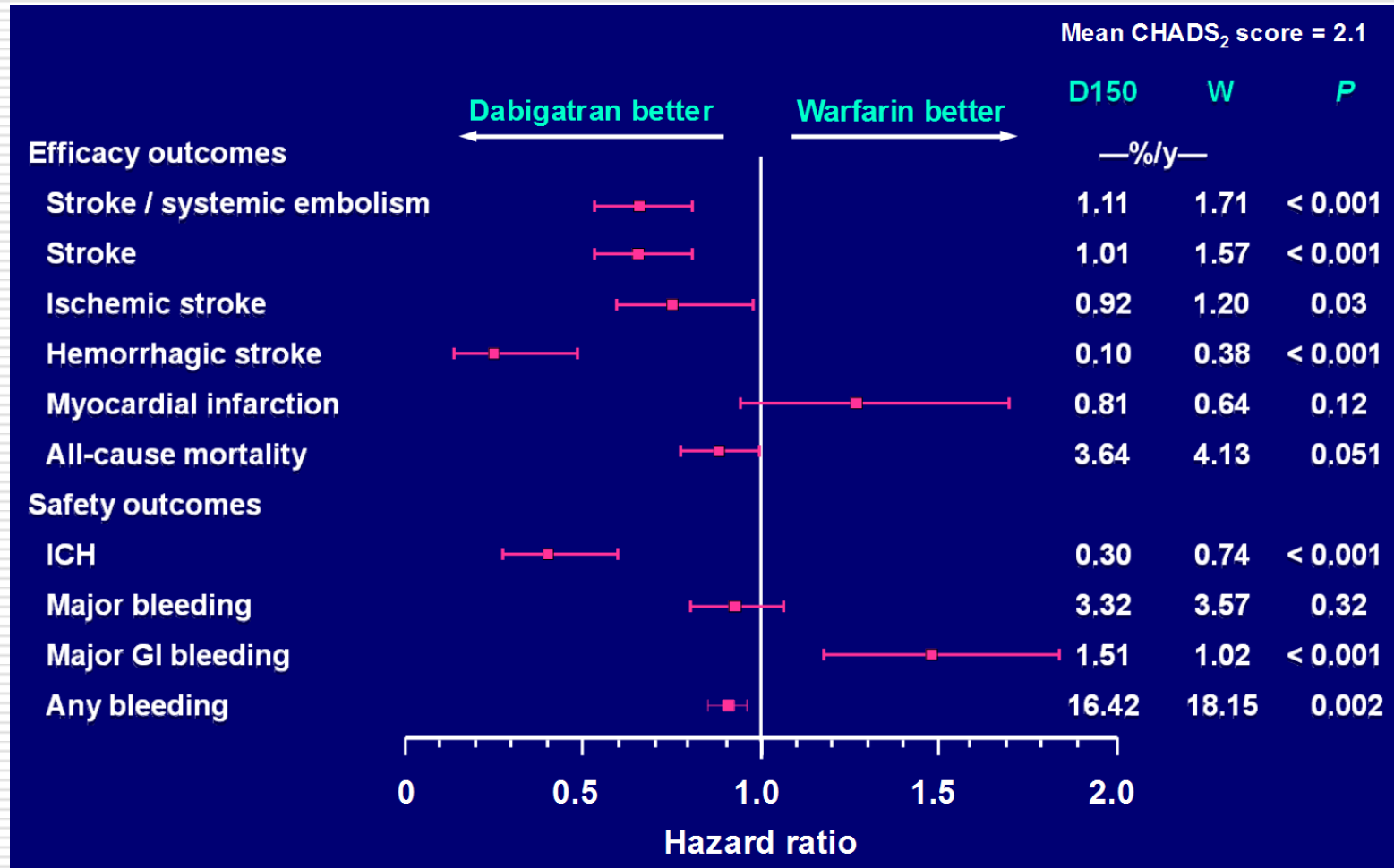
RE-LY

Dabigatran for Stroke Prevention in Atrial Fibrillation



- 1° objective: noninferiority to warfarin
- Minimum 1-year, maximum of 3 years, and mean of 2 years of follow-up
- 1° endpoint: stroke + systemic embolism

RE-LY: Dabigatran 150 mg Twice Daily



Connolly SJ, Ezekowitz MD, et al. *N Engl J Med.* 2009;361:1139-1151.

Connolly SJ, Ezekowitz MD, et al. *N Engl J Med.* 2010;363:1875-1876.

Study Design

Risk factors

- CHF
- Hypertension
- Age ≥ 75 y
- Diabetes

At least 2 or 3 required*

OR

- Stroke, TIA or systemic embolus

Atrial fibrillation

Rivaroxaban

20 mg /d
(15 mg for CrCl 30 – 49 mL/min)

Randomize
Double-blind /
double-dummy
(N \approx 14,000)

Warfarin

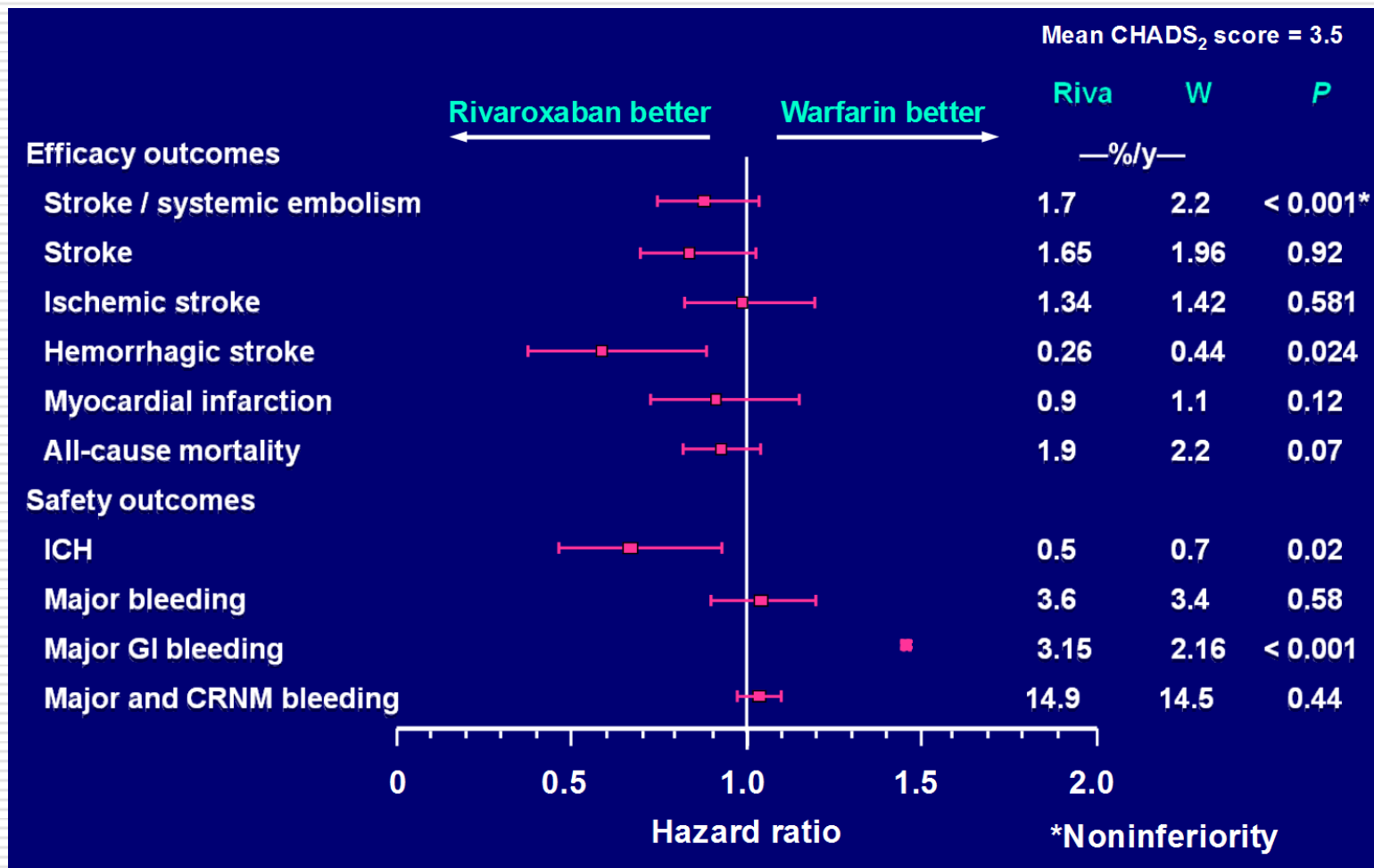
INR target: 2.5
(2.0 – 3.0 inclusive)

Monthly monitoring
Adherence to standard-of-care guidelines

Primary endpoint: Stroke or non-CNS systemic embolism

* Enrollment of patients without prior stroke, TIA or systemic embolism and only 2 factors capped at 10%

ROCKET AF: Rivaroxaban



Patel MR, et al. *N Engl J Med.*
2011;365:883-891.

ARISTOTLE: Apixaban

Inclusion risk factors

- Age ≥ 75 y
- Prior stroke, TIA, or SE
- HF or LVEF $\leq 40\%$
- Diabetes mellitus
- Hypertension

*Randomize
double blind,
double dummy
(N = 18,201)*

```
graph TD; A["Randomize double blind, double dummy (N = 18,201)"] -- green arrow --> B["Apixaban 5 mg PO twice daily (2.5 mg twice daily in selected pts*)"]; A -- orange arrow --> C["Warfarin (target INR, 2 - 3)"]; D["Inclusion risk factors"] --- B; E["Major exclusion criteria"] --- C; B --- F["Warfarin/warfarin placebo adjusted by INR/sham INR based on encrypted point-of-care testing device"]; F --- G["Primary outcome: stroke or systemic embolism"]; G --- H["Hierarchical testing: non-inferiority for primary outcome, superiority for primary outcome, major bleeding, death"]; I["*2.5 mg was used in patients meeting two or more of the following criteria: age ≥ 80 years, body weight ≤ 60 kg, serum creatinine level ≥ 1.5 mg /dL."] --- H;
```

Major exclusion criteria

- Mechanical prosthetic valve
- Severe renal insufficiency
- Need for aspirin plus thienopyridine

**Apixaban 5 mg PO twice daily
(2.5 mg twice daily in selected pts*)**

**Warfarin
(target INR, 2 – 3)**

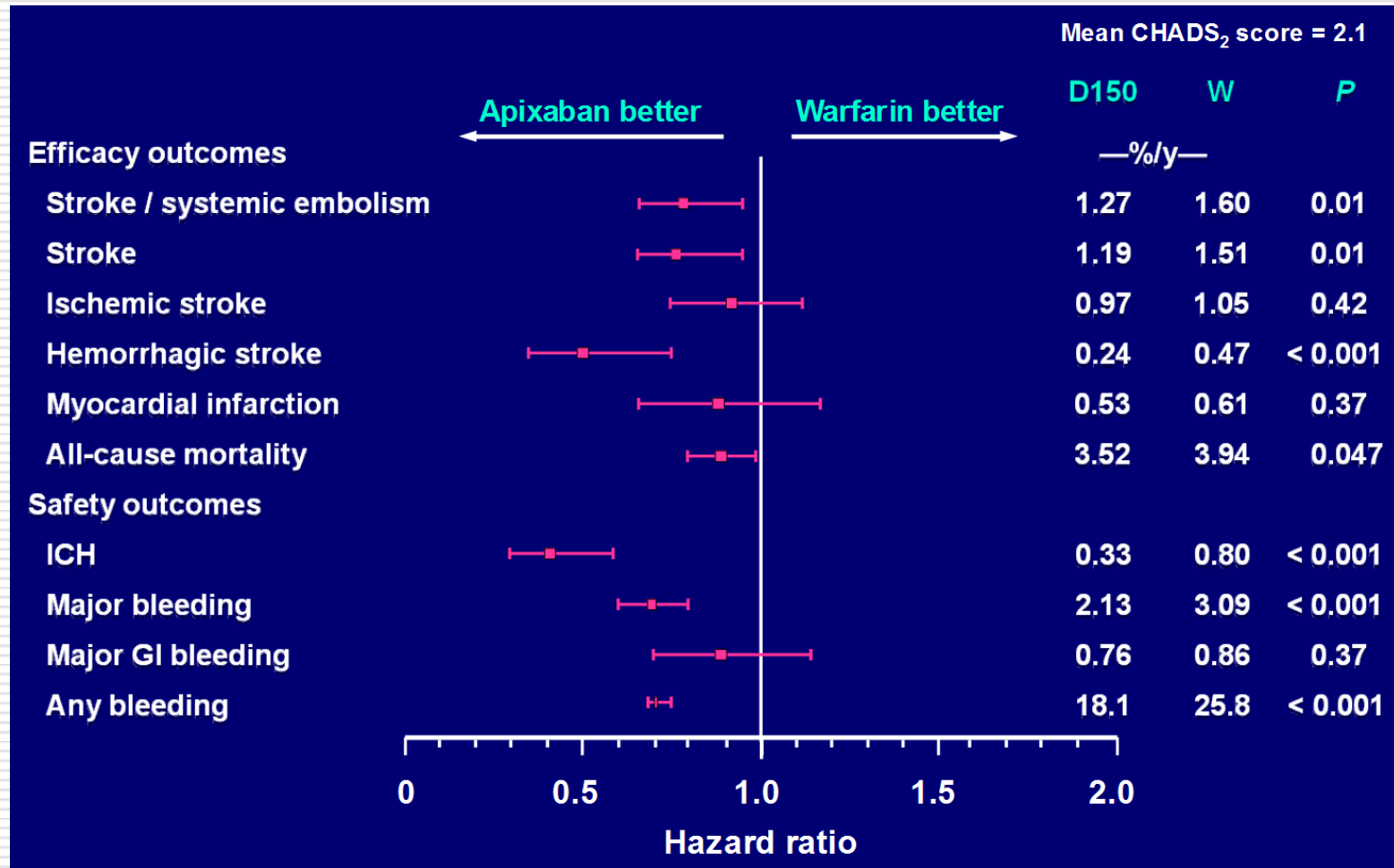
**Warfarin/warfarin placebo adjusted by INR/sham INR
based on encrypted point-of-care testing device**

Primary outcome: stroke or systemic embolism

***Hierarchical testing: non-inferiority for primary outcome,
superiority for primary outcome, major bleeding, death***

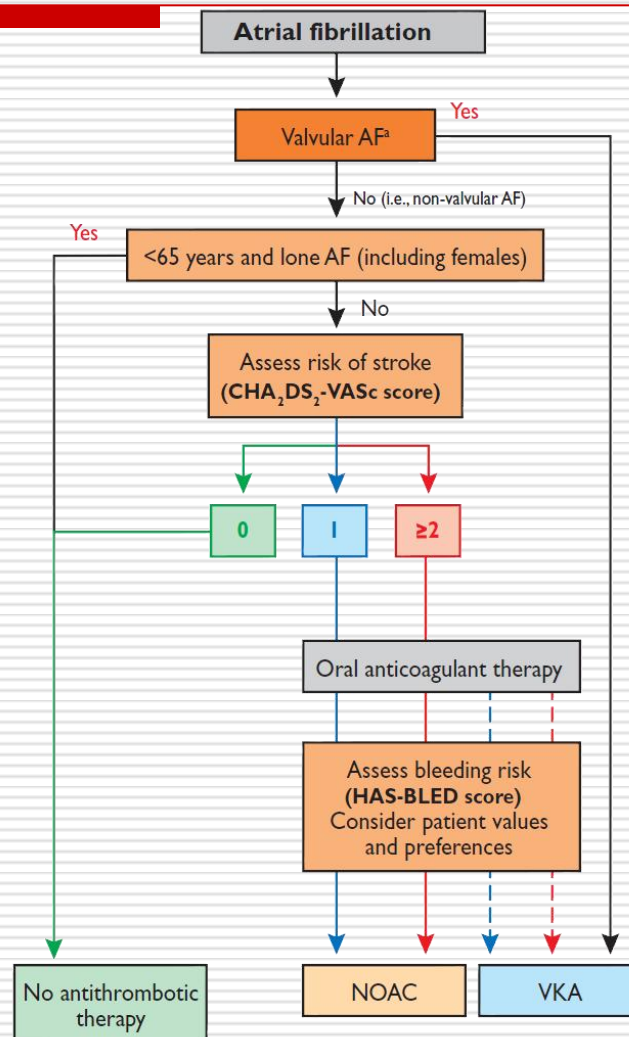
*2.5 mg was used in patients meeting two or more of the following criteria: age ≥ 80 years, body weight ≤ 60 kg, serum creatinine level ≥ 1.5 mg /dL.

ARISTOTLE: Apixaban



Granger CB, et al. *N Engl J Med.* 2011;365:981-992.

Indikace AK terapie a volba AK



Antiplatelet therapy with aspirin plus clopidogrel, or—less effectively—aspirin only, should be considered in patients who refuse any OAC, or cannot tolerate anticoagulants for reasons unrelated to bleeding. If there are contraindications to OAC or antiplatelet therapy, left atrial appendage occlusion, closure or excision may be considered.

Colour: CHA₂DS₂-VASc; green = 0, blue = 1, red ≥2.

Line: solid = best option; dashed = alternative option.

AF = atrial fibrillation; CHA₂DS₂-VASc = see text; HAS-BLED = see text; NOAC = novel oral anticoagulant; OAC = oral anticoagulant; VKA = vitamin K antagonist.

^aIncludes rheumatic valvular disease and prosthetic valves.

IV: NOAC: Specifické situace



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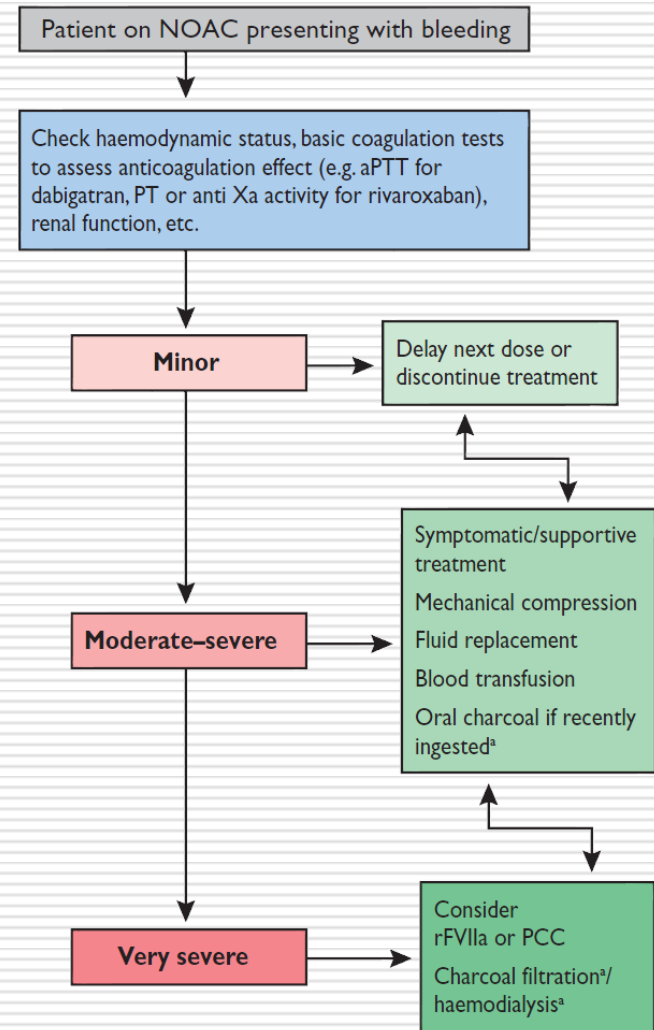


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Populace s vysokým rizikem krvácení

- ❑ Renální insuficience
- ❑ Jaterní nedostatečnost
- ❑ Komedikace (ovlivnění P4503A4 a PGP)
- ❑ Další poruchy krvácení
 - Poruchy srážení krve
 - Dekomp. hypertenze
 - Akutní nebo subakutní vředová choroba GIT
 - Retinopatie
 - Nedávné mozkové krvácení
 - Cévní abnormity CNS
 - St.p. operace mozku
 - Bronchiektazie nebo anamn. hemoptýzy

Management krvácení u nemocných s novými antikoagulancii



aPTT = activated partial thromboplastin time; NOAC = novel oral anticoagulant; PCC = prothrombin complex concentrate; PT = prothrombin time; rFVIIa = activated recombinant factor VII.

^aWith dabigatran.

2012 ACCP Guidelines for Antithrombotic Therapy For Patients Undergoing Cardioversion for AF

Patient features

Recommended antithrombotic therapy

AF of > 48 h or unknown duration with elective cardioversion

Therapeutic anticoagulation (dose-adjusted VKA,* LMWH, or dabigatran) for ≥ 3 weeks before cardioversion
OR TEE-guided approach with abbreviated anticoagulation
✓ Therapeutic anticoagulation ≥ 4 weeks after successful cardioversion

AF of known duration ≤ 48 h with elective cardioversion

Immediate anticoagulation with IV UFH or LMWH, then therapeutic anticoagulation (dose-adjusted VKA,* LMWH, or dabigatran)
✓ ≥ 4 weeks after successful cardioversion

Urgent cardioversion for hemodynamically unstable AF

Parenteral anticoagulation as soon as possible, then therapeutic anticoagulation (dose-adjusted VKA,* LMWH, or dabigatran)
✓ ≥ 4 weeks after successful cardioversion

Cardioversion of atrial flutter

As for patients undergoing cardioversion for AF

□ Long-term antithrombotic therapy should follow the risk-based recommendations for AF

*Target INR, 2.0 – 3.0



ACCP 9 (2012) Recommendations for Patients With AF and Concomitant ACS or CAD

Condition

Guideline recommendations

AF + stable CAD
(no ACS or revascularization within the previous year)

- VKA alone (if patient chooses oral anticoagulation) rather than combination of VKA + ASA (Grade 2C)

CHADS₂ ≥ 2
+ BMS or DES

- Triple therapy rather than dual-antiplatelet therapy during the first month after BMS or first 3 – 6 months after DES (Grade 2C)
- After initial period of triple therapy, VKA + single-antiplatelet therapy rather than VKA alone (Grade 2C)
- At 12 months, antithrombotic therapy is suggested as for patients with AF + stable CAD

CHADS₂ = 0 / 1
+ BMS or DES

- Dual-antiplatelet therapy rather than triple therapy during first 12 months after stent placement (Grade 2C)
- At 12 months, antithrombotic therapy is suggested as for patients with AF + stable CAD

- For recommendations in favor of oral anticoagulation, guidelines suggest dabigatran 150 mg twice daily rather than adjusted-dose VKA.
- Triple therapy = VKA + ASA + clopidogrel; dual-antiplatelet therapy = ASA + clopidogrel



Prevence CMP u pacientů s FS a CHRI

Canadian Cardiovascular Society Atrial Fibrillation Guidelines 2012 Focused Update

Guidance for antithrombotic therapy of patients with chronic kidney disease is provided in relation to estimated GFR as follows:

a) eGFR 30 > mL/min: We recommend that such patients receive antithrombotic therapy according to their CHADS₂ score as detailed in recommendations for patients for patients with normal renal function

Strong recommendation; high-quality evidence

Prevence CMP u pacientů s FS a CHRI

Canadian Cardiovascular Society Atrial Fibrillation Guidelines 2012 Focused Update

b) eGFR 15 – 30 mL/min and not on dialysis: We suggest that such patients receive antithrombotic therapy according to their CHADS₂ score as for patients with normal renal function. The preferred agent for these patients is warfarin.

**Weak recommendation;
low-quality evidence**

c) eGFR < 15 mL/min (on dialysis): We suggest that such patients not routinely receive either OAC or ASA for stroke prevention in atrial fibrillation.

**Weak recommendation;
OAC: moderate-quality evidence;
ASA: low-quality evidence**

V: Guidelines ESC FS a metaanalýza NOAC



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Souhrn update guidelines ESC 2012 I

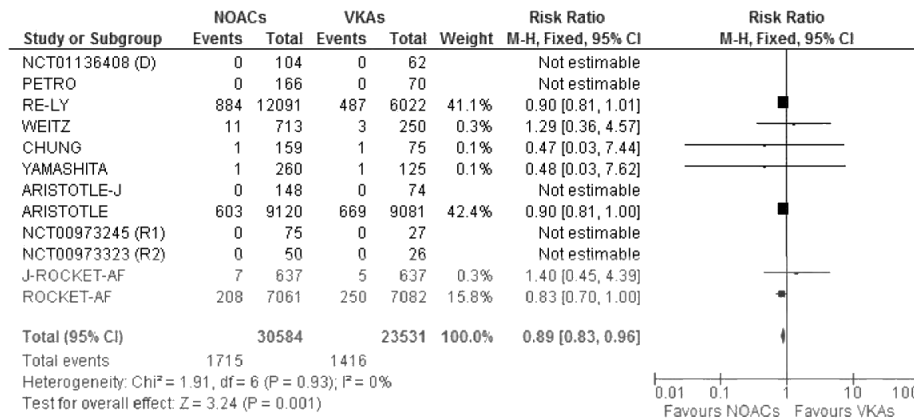
- Při absenci jakéhokoli přímého porovnání nových antitrombotik je nevhodné definitivně rozhodnout, které z nových antitrombotik je nejlepší, vezmeme-li v úvahu heterogenitu jednotlivých studií.
- Nepřímo srovnávající analýzy nenaznačují hluboké rozdíly v účinnostních endpointech mezi novými antitrombotiky, ale major krvácení se jeví menší u dabigatranu 110 2x denně a u apixabanu.
- U pacientů s CHA_2DS_2 -VASc score ≥ 2 jsou všechna nová antitrombotika superiorní vůči warfarinu s pozitivním net clinical benefitem, nezávisle na riziku krvácení.

Souhrn update guidelines ESC 2012 II

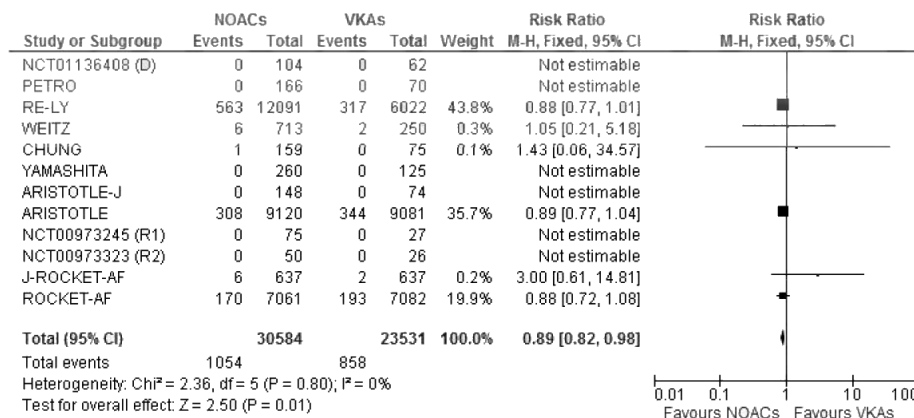
- Nová perorální antitrombotika nabízejí lepší účinnost, bezpečnost a pohodlí ve srovnání s orálními antikoagulancii s antagonisty vitamínu K. Takže pokud jsou doporučena perorální antikoagulancia, **jedno z nových antitrombotik by měly být zváženy namísto inhibitorů vitamínu K (VKA)**
- Není dostatečná evidence doporučit jedno nové perorální antitrombotikum nad jiným, protože některé klinické charakteristiky pacientů, **compliance léčby a tolerabilita** a cena mohou být důležitými faktory pro volbu antikoagulancia.

Metaanalýza nových antikoagulancií I

a) Total mortality

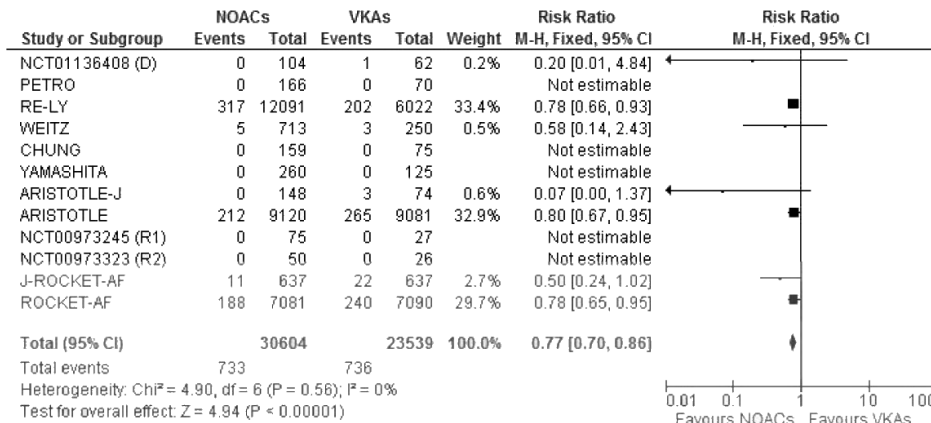


b) Cardiovascular mortality

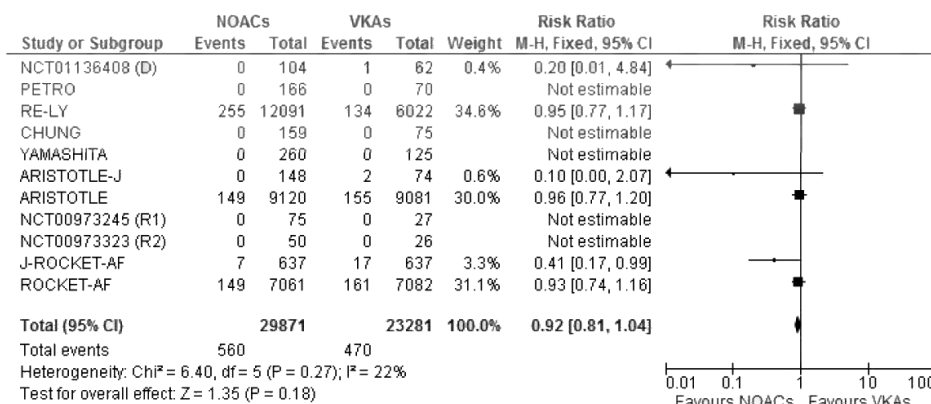


Metaanalýza nových antikoagulancií II

a) Stroke or Systemic Embolism

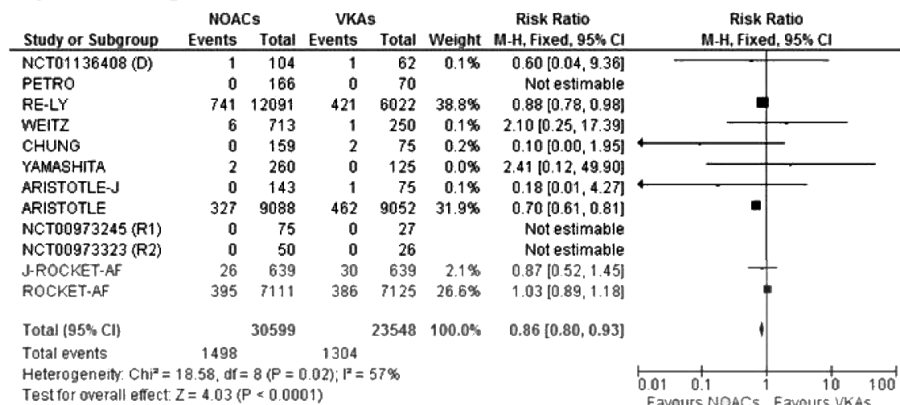


b) Ischemic stroke

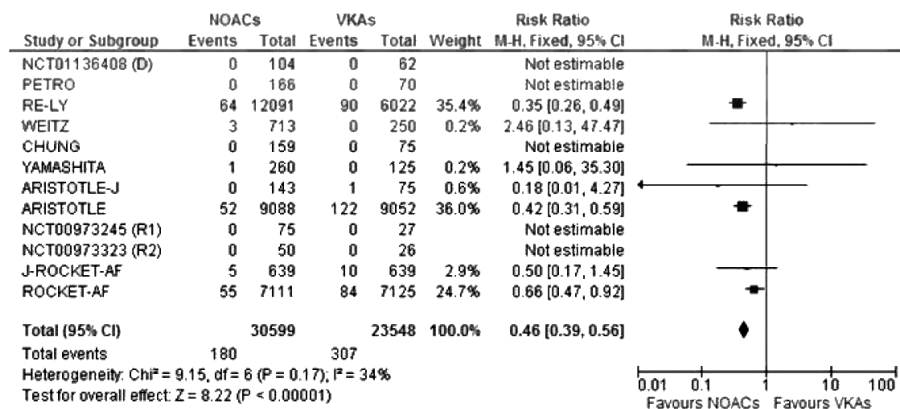


Metaanalýza nových antikoagulancií III

a) Major bleeding



b) Intracranial bleeding



Doporučení do klinické praxe

- ❑ Výběr antitrombotika → vždy individuální (riziko TE, compliance, benefit pro pacienta, ekonomické aspekty ...)
- ❑ Nepoužívejte NOAC v jiných než schválených indikacích (např. mechanické chlopenní náhrady aj.)
- ❑ Věnujte pozornost renálním funkcím a jejich vývoji
- ❑ Žádné z NOAC nemá specifické antidotum !
- ❑ Dodržujte SPC a limitace plátců zdravotní péče pro úhradu NOAC

Cíl antikoagulační léčby

